



Nature Reviews | Drug Discovery

Is Poor Bioavailability in Early drug Discovery a Problem and If So, How Can We Solve It?

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1. **Introduction**

- 1.1. Overview on drug discovery and development
 - 1.1.1. Chronology of the drug discovery and development
 - 1.1.2. Challenges of drug discovery and development
 - 1.1.3. Role of drug discovery in reducing NME attrition

2. **Pharmacokinetics**

- 2.1. Pharmacokinetics definition
 - 2.1.1. First order and zero order kinetics
 - 2.1.2. Non-compartmental and compartmental analysis
 - 2.1.3. Area under the curve (AUC)
 - 2.1.4. C_{max} and T_{max}
 - 2.1.5. Absorption Rate Constant (K_a)
 - 2.1.6. Volume of distribution (V_d)
 - 2.1.7. Clearance (CL)
 - 2.1.8. Half life (T_{1/2})

3. **ADME**

- 3.1. Oral absorption
 - 3.1.1. Factors affecting oral absorption
 - 3.1.1.1. GIT surface area
 - 3.1.1.2. GIT pH
 - 3.1.1.3. Absorption window
 - 3.1.1.4. Gastric emptying and intestinal motility
- 3.2. Distribution
 - 3.2.1. Perfusion vs. permeability rate limited
 - 3.2.2. physicochemical and physiologic factors influencing drug distribution
- 3.3. Metabolism
 - 3.3.1. Phase I and II reaction
- 3.4. Excretion
 - 3.4.1. Routes of excretion
 - 3.4.2. Renal excretion
 - 3.4.3. Biliary excretion
 - 3.4.4. Enterohepatic circulation

4. **Oral bioavailability**

- 4.1. Oral bioavailability definition
- 4.2. Oral bioavailability calculation
- 4.3. Parameters affecting oral bioavailability
 - 4.3.1. Absorption impact on oral bioavailability

- 4.3.1.1. The process of drug absorption
- 4.3.1.2. Approaches on structural modification to alter drug solubility
 - 4.3.1.2.1. Drug pKa
 - 4.3.1.2.2. Drug ionization
 - 4.3.1.2.3. Drug lipophilicity
 - 4.3.1.2.4. Drug hydrogen bonding
 - 4.3.1.2.5. Out of plane substitution
 - 4.3.1.2.6. Prodrug
- 4.3.1.3. Approaches to increase drug dissolution/solubility
 - 4.3.1.3.1. Particle size and its impact on drug dissolution
 - 4.3.1.3.2. The use of nanoparticle in overcoming poor dissolution
 - 4.3.1.3.3. Amorphous drug
 - 4.3.1.3.4. pH and salt interplay
 - 4.3.1.3.5. Polymorphism
 - 4.3.1.3.6. Drug complexation
- 4.3.1.4. Approaches on structural modification to alter drug permeability
 - 4.3.1.4.1. pH partition theory
 - 4.3.1.4.2. pKa and drug permeability
- 4.3.1.5. Impact of p-glycoprotein on oral bioavailability
- 4.3.1.6. Impact of BCRP on oral bioavailability
- 4.3.2. Impact of first pass on oral bioavailability
 - 4.3.2.1. First pass definition
 - 4.3.2.2. Impact of species differences on drug hepatic elimination and oral bioavailability
 - 4.3.2.3. Intestinal metabolism and its impact on first pass and oral bioavailability
 - 4.3.2.4. Approaches to overcome first pass effect
 - 4.3.2.4.1. Impact of drug lipophilicity on first pass
 - 4.3.2.4.2. Impact of polar groups introduction on first pass
 - 4.3.2.4.3. Overcoming metabolically labile groups

5. Approaches to assess poor oral bioavailability issues

- 5.1. In Silico, In Vitro and In Situ approaches
 - 5.1.1. In silico evaluation and data modeling
 - 5.1.2. Thermodynamic and kinetic solubility determination
 - 5.1.3. Dissolution evaluation
 - 5.1.4. Caco-2 cell line
 - 5.1.5. In situ rat intestinal perfusion
- 5.2. In Vivo approaches

- 5.2.1. AUC comparison between oral and intravenous administration
- 5.2.2. Mass balance
- 5.2.3. Clearance method
- 5.2.4. Dose proportionality studies
- 5.3. Approaches to assess the pharmacodynamic activity of NME with poor oral bioavailability
 - 5.3.1. Intraperitoneal (IP) dosing
 - 5.3.2. Subcutaneous (SC) dosing
 - 5.3.3. Challenges with IP and SC dosing
- 6. Group Problem Solving-Case Studies in Oral Bioavailability and Pharmacokinetics**
 - 6.1. Case Studies
 - 6.2. Dissecting some case studies for specific problems encountered by attendees
- 7. Questions and Answers**